

**South Carolina Activity Professionals  
Association**

***Presents:***

**The Annual One Day Workshop**

**6 CE credit hours**

**Pre-approval requested from NAAPCC, NCCAP & LTHCA**

Wingate Inn  
108 Saluda Pointe Court  
Lexington, SC 29072

**Friday, August 18, 2017**

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## **One Day Workshop—Friday, August 18, 2017**

**8:15 - 8:55**—Registration (Continental Breakfast)

**8:55**—Welcome and Announcements

**9:00—10:30**—(1.5 hours)

The Changing Focus: Determining Your Direction

**10:30 - 10:45**—*Break*

**10:45— 12:15**—(1.5 hours)

Marketing the Activity Program: Creating Your Niche

**12:15—1:15**—*Lunch (Catered by Panera Bread, see*

*www.panerabread.com for meal descriptions)*

**1:15—2:45**—(1.5 hours)

Men in the World of Women

**2:45—3:00** *Soda Break*

**3:00—4:30**—(1.5 hours)

Gametivity

**4:30**—Adjourn

SCAPA has some rooms blocked for Thursday night at The Wingate for \$99.00 plus tax through July 14. Please mention SCAPA when making reservations.

Go to [www.panerabread.com](http://www.panerabread.com) to view sandwich and salad descriptions and make your lunch box selection on the reservation form.

**Don't forget to contact Debbie if you think you registered but DID NOT receive confirmation.**





## About the Speaker

### Natalie Davis

Natalie holds a B.A. in psychology from the University of New Mexico and a M.A. in Therapeutic Recreation from Texas Women's University. She is an Activities Consultant Certified (ACC) with more than 40 years of experience in gerontology; specializing in activities for the long-term care resident.

She served as an adjunct faculty member of Richland College and Eastfield Community College, Dallas, TX from 1981-2007, where she taught both the Basic Course for Activity Professionals and the Advanced Management Course. She has also been a Continuing Education Instructor for Paris Community College, Paris TX and an online MEPAP course instructor through Collin College. She provides training seminars for Activity Professionals, Administrators and Assisted Living Managers and teaches the Modular Education Program for Activity Professionals, the recognized course for NCCAP certification.

Recently, she served as a member of the curriculum writing team for The National Certification Council for Activity Professionals and currently serves on the national curriculum review committee. She presents the "Train the Trainer" workshop for new instructors. She is one of the writers of the *Contemporary Activity Consultant*. She was a speaker at the 1995 White House Conference on Aging, mini-conference; "Issues on Aging Relating to Persons with Mental Retardation." Natalie received the Award of Excellence from the National Association of Activity Professionals in 2002. In 2012, Natalie was selected to present a state wide webinar for the Texas Dept. of Aging and Disability Services entitled "Activities in a Person Directed Environment." She also presented a "Quality of Life at Home" session at the 4 DADS (TX Department of Aging and Disability Services) regional Culture Change workshops in Texas. She wrote the talking points that addressed "applying knowledge of lifelong habits relating to F TAG 309 for DADS state wide TRAIN workshops (Texas Reducing the Use of Antipsychotics in Texas). She was recently nominated for the "Outstanding Women of Today" award by the Richardson chapter of Atrusa International for her accomplishments and contributions to the Activity profession.

In 2013 she became certified as a Total Brain Health Coach® through Memory Arts Inc.

Natalie Davis served on the Board of the National Certification Council for Activity Professionals {1995-1998} and presents workshops on certification to groups throughout the country. She is the Texas state representative for NCCAP.


Prior to her activity consulting, she was an Activities Specialist at the Dallas Home for Jewish Aged, and implemented the activity program from 1974-1984. During this time she also developed and implemented a day program at the Byer Activity Center, where she served as Director. Her duties included directing the Therapeutic Recreation Department of the Home. Mrs. Davis has served on many Advisory Boards and has worked on special projects such as "Sensory Stimulation and Safe Housing Project" and a Senior Citizens Counseling Service, part of a Community Action Program. She developed a training video for the *Long Term Care Network* on Adult Day Center Activity Programs.

Her other publications include: "*Facilitating Role Continuity of the Elderly Through Leisure Programming*", in *Therapeutic Recreation Journal*. Vol. XIV, 1980.

"*The Role Continuity Approach to Aging: Implications for Programming*" in *Perspectives on Leisure and Aging in a Changing Society*, 1982.

Since 2009 she has written a monthly article that addresses management solutions for Activity Professionals in the publication *Creative Forecasting*. Natalie also shares the family perspective of Alzheimer's Disease after helping to manage her father's dementia care for 12 years.

Natalie has spoken to more local, state and national organizations than we can possibly list here. She is a well thought of speaker and sought out by many to share her wisdom and experience.





## About the Sessions

### **Session 1: 1.5 CE:**                      *The Changing Focus: Determining Your Direction*

“Nothing is permanent but change.” The role of the Activity Professional has changed. Due to the growth of the elder population, the increase incidence of dementias, cultural diversity, the influence of the Baby Boomer generation and advances in technology, the traditional model of “activities” has been challenged. Person directed, individualized care is a focus of both advocacy groups and regulatory agencies. Each day the Activity Professional must plan for the present and look for ways to rearrange old ideas into new patterns and create new programs in the changing environment. This session will address the evolution from activities to life enrichment and examine today’s expectations.

#### Session Objectives

- Define Quality of Life
- Discuss the impact of person centered care on the delivery of activity services
- Discuss the difference between activities and life enrichment
- Explain the 3 dimensions of a life enrichment program
- Identify the expectations of today’s life enrichment programs

### **Session 2: 1.5 CE:**                      *Marketing the Activity Program: Creating Your Niche*

The common misrepresentation that activities is just “fun and games” decreases the value of the work we do and contributes to a lack of support from others. Selling the value of activity services is a vital component of our job. This session will identify steps to follow to effectively promote the value of the life enrichment program.

#### Session Objectives

- Identify the perception of activities by all stakeholders
- Discuss the importance of understanding the mission and vision of the department
- Discuss approaches to promote the value of life enrichment for support
- Discuss the impact of person centered care on delivery of activity services

### **Session 3 : 1.5 CE:**                      *Men in the World of Women*

Men living in care communities are “living in a world of women.” In assisted living communities the ratio of women to men is 7 to 1. In nursing facilities it is closer to 10 to 1. The majority of the care partners are women as well as most of the family care givers. This session will address the following questions. What is the impact of the environment on activity involvement and engagement? How do the needs of the men living with in our communities differ from the women? What effective strategies can be implemented to meet the varying social, physical, emotional and spiritual needs of the “men?”


#### Session Objectives:

- Explain the impact of gender on activity involvement
- Identify social norms, roles and attitudes that influence the participation of male residents
- Compare and contrast gender specific assessment strategies
- Discuss programs and resources for positive outcomes

### **Session 4 : 1.5 CE:**                      *Gametivity*

What makes an activity a game? What are the benefits of games? How can a game be simplified, adapted or the rules altered for individuals with physical, sensory and cognitive impairments? This session will discuss the basic criteria of games, the process of analyzing the components of a game and creative adaptations for success. Ideas for integrating games throughout the program will be presented.

#### Session Objectives:

- Identify the basic criteria of a game
  - Discuss the process of analyzing the social and task demands of a game
  - Explain the process of adaptation and simplification of common leisure games
  - Identify strategies to integrate “games” throughout the year
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# SCAPA 2017 One-day Workshop Registration Form & Fees

**\*\*One Separate Form Per Person Please \*\***

**PLEASE PRINT**

Name: \_\_\_\_\_ Certifications: \_\_\_\_\_

Complete Mailing Address: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Email Address: \_\_\_\_\_

Name of Facility: \_\_\_\_\_

SCAPA Member (Circle One)      Yes      No

**\*\*\*You may join SCAPA at this time and pay the member fee. The form is on the website at [www.scapasc.org](http://www.scapasc.org) \*\*\***

## REGISTRATION FEE

<b>SCAPA Member &amp; any other <u>non-activity/Life Enrichment staff</u></b>	<b>Non-Member</b>
\$120.00 _____	\$160.00 _____

(Fee includes continental breakfast, lunch, break, handouts, & 6.0 hours of CE instruction )

**\*\* Registrations postmarked after 7/31/17 MUST include the late fee or the registration will not be processed.**

**SCAPA member after 7/31/17**

\$145.00 \_\_\_\_\_

**Non-member after 7/31/17**

\$170.00 \_\_\_\_\_

**\*\* NO Registrations after 8-14-17**

**\*\*\*Panera Lunch Box request—per person\*\*\***

Ham & Swiss sand. \_\_\_ Sierra Turkey sand. \_\_\_ Turkey sand. \_\_\_

Napa almond chicken salad sand. \_\_\_ Bacon Turkey Bravo sand. \_\_\_

Mediterranean Veggie sand. \_\_\_ Tuna Salad sand. \_\_\_ Fuji apple w/chicken salad \_\_\_

Spicy Thai w/Chicken salad \_\_\_ Caesar w/Chicken salad \_\_\_ Modern Greek w/Quinoa salad \_\_\_

**SCAPA W9 Tax ID number: 58-2282268**

**\*\*This form serves as your invoice\*\***

(Register Soon, Space is Limited)

**\*\*\* Please Send Payment & Registration Form to:**

**(Make all checks payable to SCAPA) \*\*\***

**Debbie Bouknight**

**209 Westport Dr.**

**Columbia, SC 29223**

Contact Debbie Bouknight at 803-996-6260 or [dtbouknight@lexhealth.org](mailto:dtbouknight@lexhealth.org)

**\*\*You WILL receive email confirmation of registration, IF you DO NOT, please contact Debbie\*\***

## **South Carolina Activity Professionals Association**

Debbie Bouknight, BS, AC-BC, ACC, CDP  
SCAPA Professional Development Chair  
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Columbia, SC 29223  
803-996-6260 (W)  
dbouknight2@sc.rr.com

If you DO NOT receive email confirmation, You MAY NOT be registered, All registrants will be emailed a confirmation letter. Contact Debbie if you think you are registered and did not receive confirmation

**This workshop is for anyone who works in a  
geriatric setting, especially:  
Activity Professionals, Life Enrichment Staff,  
Administrators, Wellness Directors,  
Recreation Therapists, & Nursing Assistants.**

**Pre-approval requested from NAAPCC,  
NCCAP and LTHCA**

**6 hours of CE credit for one low price!**